



# WOMEN'S PERSONAL SAFETY WEBINAR

FEBRUARY 25TH @ 6:00 PM - 7:00 PM EST  
VIRTUAL EVENT

Join us to learn self-defense for women! The Westfields Business Owner's Association (WBOA) has teamed up with The Fairfax County Police Department to offer a virtual Women's Personal Safety Workshop for the Westfields Community. Presented by Crime Prevention Officer Sabrina Ruck virtually over Zoom, the workshop will cover the following topics:

- Crime Prevention
- Situational Awareness
- Observing Your Surroundings
- Reducing the Risk of an Attack
- Developing a Plan of Action
- Determining When to Use Force

\*Please note: We ask that no boyfriends, spouses or significant others register. This particular webinar is for women only. Thank you! -WBOA

**REGISTER NOW**



[https://us02web.zoom.us/join/register/tZMpce6rpiMvHt1kcsJf4U6pQJfC0i\\_8Ju8W](https://us02web.zoom.us/join/register/tZMpce6rpiMvHt1kcsJf4U6pQJfC0i_8Ju8W)



Sponsored by the WBOA  
Community Engagement Committee